

Winter

NEWSLETTER 2025



Get your Free Dental Implant Assessment and discover your smile potential!

Are you missing one or more teeth and looking for a long-term solution to restore your smile and confidence?

This month, our practice is delighted to offer free dental implant assessments – giving you the chance to explore your treatment options with no obligation.

A dental implant is a small titanium post that replaces the root of a missing tooth. Once placed into the jawbone, it integrates naturally over time, creating a stable foundation for a replacement tooth that looks, feels, and functions just like the real thing. In some cases, when the bone is too thin or soft to support an implant, a bone graft may be recommended to strengthen the area and ensure long-term success.

Dental implants are widely considered the gold standard for replacing missing teeth.

Unlike dentures or bridges, implants don't rely on neighbouring teeth for support and help to preserve your facial structure by preventing bone loss.

Our patients often comment on the improved comfort, confidence, and ability to eat and speak naturally once their treatment is complete.

Our complimentary implant assessments are a great opportunity to discuss your suitability for treatment, learn more about the process, and ask any questions you may have.

Spaces are limited, so book your free consultation today and take the first step towards a healthier, more confident smile!

PRACTICE HOURS

Monday	9.00am	7.00pm
Tuesday	9.00am	5.00pm
Wednesday	9.00am	5.00pm
Thursday	9.00am	5.00pm
Friday	9.00am	3.20pm
Saturday	9.00am	1.00pm
Sunday	Closed	

*Closed for Lunch Mon/Thurs - 1.30pm- 2.30pm
Saturdays & Evenings by Appointment*

EMERGENCY /OUT OF SURGERY HOURS

When the practice is closed please call the practice telephone number and a recorded message will give further information on how to access advice and treatment in the event of a dental emergency.

For a dental emergency outside of normal surgery hours, with the exception of Denplan members, a callout fee will be charged.



Congratulations to Erin and Lucy!

We're delighted to share some exciting news from our team — Erin and Lucy have successfully completed their Phlebotomy training course!

This qualification allows them to safely and confidently take blood samples, an important skill that supports a range of advanced dental treatments and enhances patient care.

The course covered everything from patient preparation and safe handling to best practices in sample collection and infection control. This new expertise is particularly valuable for taking blood used in PRGF (Plasma Rich in Growth Factors) treatments, which can aid healing and improve outcomes following extractions and other procedures.

By expanding their clinical skills, Erin and Lucy are helping our practice continue to provide the highest standard of care and comfort for our patients. Their dedication to professional growth is something we're all very proud of!

STAFF NEWS

Transforming a Smile with Composite Bonding



BEFORE



AFTER

We're thrilled to share a wonderful patient success story!

Our patient recently had composite bonding on their upper front teeth to improve both the appearance and symmetry of their smile.

They were delighted with the results, commenting on how natural and confident their smile now looks. Composite bonding is a minimally invasive treatment that can correct chips, gaps, and discolouration in just one visit, giving patients a noticeable transformation without the need for more extensive procedures.

Our team carefully shaped and polished each tooth to blend seamlessly with the patient's natural teeth, creating a harmonious and bright smile. Seeing the boost in confidence and happiness in our patients is why we love what we do.

If you've been considering a cosmetic upgrade, composite bonding could be the perfect solution to refresh your smile!

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Meet Our New Hygienist: Grace Higgins

We're delighted to welcome Grace, our newest hygienist, to the team. Recently qualified after completing her studies in Cardiff, Grace brings fresh enthusiasm and excellent clinical skills to our practice.



She has a warm, friendly manner that helps patients feel comfortable straight away, and her gentle but thorough approach ensures every visit is a positive experience.

Grace is not only lovely and approachable, but also extremely good at what she does, with a real passion for helping patients maintain good oral hygiene and treating cases of periodontal disease.

We're excited for you to meet Grace at your next appointment and experience her fantastic care firsthand.

Christmas Opening Hours

The practice will be closed over the Christmas Period, from Wednesday 24th December 1:30pm. There will be a dentist on call over the whole Christmas period for emergencies.

If you call the main line, there will be instructions on the answer phone on how to contact the on call dentist. Alternatively you can call 01223 608240. Please leave a message with your details and the on call dentist will call you back.

Wishing all our patients a festive and pain-free holiday!

Make Brushing Fun with Sand Timers!

Our brushing sand timers help kids brush for the recommended two minutes, making dental care fun and easy.

Pick one up at our reception desk and turn brushing into a game your little ones will enjoy!



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